

WOLF THERAPEUTIC COMMUNITY

PROFESSIONAL
SUPPORT



GROVEDALE &
ONLINE



@WOLF_THERAPEUTIC_COMMUNITY

WWW.WOLFTHERAPEUTIC.COM.AU

Welcome



About Wolf Therapeutic

Wolf Therapeutic Community is my small private practice on Wathaurong Country (Geelong). Since 2022 I have been offering high quality trauma and mental health care, neurodivergent affirming practice, and professional training and consultation.

My clinic space is built with trauma therapy in mind. It has plenty of natural light, two entry / exits, choice of seating, blankets, floor cushions, sensory adaptations, hot and cold drinks, music, and outdoor seating.

About Claudia

I am an Accredited Mental Health Social worker & yoga teacher, member of the queer community, and a late-identified neurodivergent mother. My loves include yoga, reformer pilates, bush walks, waterfalls, and sitting amongst huge trees.

I am tertiary qualified in Social Work, Health Science, Mental Health, Alcohol and other Drugs, & Graduate Certificate of Developmental Trauma. I am trained and Accredited in EMDR therapy; as well as Resource Therapy, Acceptance Commitment Therapy, & more. I am registered as a Behaviour Support Practitioner with the NQSC.

Training and Consulting Services

I offer consultation and external supervision to social workers, allied health professionals, Core NQSC behaviour support practitioners (affirming practice only) and case workers.

I love supporting social workers who are moving toward their Accredited Mental Health Social Worker status.

Please note I cannot offer Accredited EMDR consultation.

I train small groups all the way up to large organisations in trauma informed practice, organisational trauma awareness, neurodivergent affirming approaches and workplace employee support,

Supporting
PTSD | Anxiety | Depression
Chronic Pain | Grief | Stress
& more

Consultation



File Reviews &
Therapeutic Change Plans

Secondary consult

Mental Health Accreditation

Neurodivergent &
Gender Affirming

Training and workshops

Reflective Practice

Skills development

Social work and allied health

I have vast experience working in public mental health, AOD, Out of Home Care, disability, perinatal social work, rehabilitation, and direct clinical/ therapeutic practice. I draw from training in a range of modalities and practice areas to provide an organic approach to Consultation.

You will be welcomed into the space just as you are, and encouraged set goals that are in line with your professional identity.



INVESTMENT & PACKAGES

COMPLEX CONSULTANCY

Starting at \$240

Depending on need
for file review, team
meetings, therapeutic
change plan,
behaviour support
(unmet needs) plan

Training and
workshops quoted by
need

CONSULTATION AND SUPERVISION

\$220

Hourly rate - case
reflection, skills
development, mental
health accreditation
support, trauma informed
practice/ implementation

EMDR IMMERSIONS

My intensive EMDR therapy approach - a condensed therapy
program for busy people and professionals, inspired by luxe
day retreats. Guard against burn out- contact for more
information

WEEKEND / WEEK/ TWO WEEK
PACKAGES

